

Client name:

Data Protection

I consent to my personal and sensitive information being used, in line with GDPR and data protection procedures, to record attendance at appointments, and to take notes of counselling sessions and assessment scores.

Please see our Privacy Policy on our website at (under development please ask) for more information about how information about you is used and how we maintain the security of your information and your rights to access the information we hold about you.

Our contract with you

- I will accept you as who you are and listen to you in a non-judgemental way.
- I will offer you a confidential service – unless you give me cause for concern.
- Should there be disclosure of child abuse, money laundering or terrorism I am required by law to communicate this information to the appropriate authorities.
- I will see you regularly and on time.
- I will frequently check with you whether counselling is helping – if not I will do my best to find alternative support for you.
- Part of a Counsellors ethical practice is that they are required to attend regular supervision where your case may be discussed. In these circumstances any information will be anonymised and you will not be identifiable from any material that may be shared.
- To know I am unable to accept any invitation that you may send me via LinkedIn, Twitter or Facebook. I will also not respond to any blog that you may write or have written.
- No audio or video recordings will take place without the express agreement of the client and counsellor.
- As all notes belong to the relationship both parties need to give permission for them to be released

Client Informed Consent

When you made your initial appointment you would have been advised that we use Clinical Outcome Evaluations (CORE) to evidence and improve our practice. We will ask you to complete this form at the beginning of each session. These forms will not have your name on them, only a number, and they will be used to monitor the effectiveness of the service. You will not be identified in any way in anything that is written or reported.

Completing the CORE questionnaires is voluntary. We respect your right to choose.

Counsellor name:

Signature:

Client name:

Signature:

Date: